

Food and Nutrition One

Teacher: Mrs. Hall

Email: rebecca.hall@jordandistrict.org

Class: Room's # 212

COURSE DESCRIPTION

This course is designed to focus on the science of food and nutrition. Experiences will include food safety and sanitation, culinary technology, food preparation and dietary analysis to develop a healthy lifestyle with pathways to career readiness.

ASSIGNMENTS

Students may turn in late assignments without a penalty and they may redo any assignment as many times as they would like. However, absolutely NO late work will be accepted the last week of each quarter. Information about assignments can be found on Canvas. Students should be familiar with Canvas and visit it regularly. Assignments are worth 20% of students' grades. Assessments are worth 80%.

CLASS EXPECTATIONS

- Be in the classroom when the bell rings & promptly start on the bell ringer
- Come to class prepared and ready to participate
- Respect yourself, teacher, materials and classmates. Misusing classroom supplies or materials is not accepted behavior
- No phones or electronic devices out including earbuds/headphones unless given permission

CLASS FEE

There will be a \$15 class fee to provide funds for food during our labs. Fees can be paid on Skyward or to the Main Office.

SUPPLIES

- Charged Chromebook
- Pen or Pencil

COOKING LABS

To deepen students' understanding of food and nutrition, students will participate in cooking labs. Students are expected to show appropriate behavior during labs for their own personal safety and for others. Students are expected to follow lab procedures including reading and following a recipe, properly cleaning, and respecting school supplies. Failure to do so results in losing lab privileges.

Students will be responsible to replace broken items due to misconduct.

Parent/Guardian Survey

Please take the following short survey. Scan the QR Code or go to the survey link.

<https://forms.gle/98usjpg2wTha3AsX8>

This will help me understand how to best meet your student's needs.

I am thrilled to be your teacher this year! Working together with respect, positive attitudes, open communication and a growth mindset will help us all succeed. I know you will rise to the challenge!



SCAN ME