

P.E. DISCLOSURE

2020-2021

Goals

- Learn about fitness and become fit through exercise
- Experience different sports and games
- Develop healthy habits
- Stay safe, healthy, and have fun

Supplies

- Gym clothes are highly recommended
- Gym shoes are **mandatory**
- Water bottle (optional but recommended)

Expectations of Physical Education students:

- Sanitize hands before entering the gym and after class
- Must wear an appropriate mask in class at all times unless instructed otherwise
- Practice social distancing (6-feet or more) as much as possible
- Display respectful and honorable behavior
- Participate in daily activities and give your best effort

Rules

- Be on time and in roll call lines when the bell rings
 - Roll call will be taken at the tardy bell, then students will be excused to change
- Absolutely no gum, candy, food, or drink inside the gym (water is allowed)
- Leave cell phones and airpods in backpacks (except when running the mile)
- No swearing, rough play, or misuse of equipment
- Follow directions the first time they are given.
- Respect teachers and peers. Bullying of any kind will not be tolerated.
- If an injury should occur, contact your teacher immediately

Gym Clothes

- Athletic shoes that tie are MANDATORY
- Gym clothes are available for purchase in the main office
- All clothing worn in class **must** be in line with the school dress code
- No jewelry or accessories

Locks, Lockers & the Locker Room

- If requested, students will receive a lock and a locker for their gym clothes
- Cell phones are NOT allowed inside the locker rooms
- Avoid bringing things of value
- The P.E. staff is not responsible for lost or stolen items

Grading Procedures

- 80% of the grade is assessment
- 20% of the grade is assignment

Students will be graded on a daily 4-point scale:

4:

- Student participates and gives 100% effort in class
- Wearing proper athletic shoes
- Respects teacher, peers, and equipment
- Follows directions the first time given
- Stays on task
- Demonstrates good sportsmanship (positive encouragement towards teammates, no trash talking, positive attitude)

3:

- Student participates and gives 100% effort in class
- Wearing proper athletic shoes
- Respects teacher, peers, and equipment
- Follows directions the first time given
- Stays on task

2:

- Student gives minimal effort in class
- Does not wear proper athletic shoes
- Occasionally off task but returns to task with warning
- Struggles following directions the first time given

1:

- Student gives little to no effort in class
- Shows disrespect towards teacher, peers (bullying or trash talk), or equipment
- Does not follow directions
- Stays off-task even with multiple warnings

Missing P.E.

- Only students that have an excused absence can make up gym
- Students will be required to participate in class unless they have a parent or doctors note
- Extended illness or injury will be made up online through Canvas
- Class missed due to school excused activities do **not** need to be made up
- All absences will need to be made up

Make Ups

- Make-ups are done on Fridays or during PROWL by appointment only.
- Students who do NOT make up their absences by the last week of the quarter will NOT be able to make it up and their grade will result in a zero.

Physical Education Staff

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